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PRICELESS

Hand sanitisers – are you at risk?

Many hand sanitisers contain high levels of alcohol, which have potential risks. Users complain about dryness after using the products. This has huge implications for sufferers of dermatitis and eczema.

Alcohol is flammable which is potentially dangerous in situations where naked flames are present such as in the kitchen or camping. The alcohol content can be as high as 70% compared with 5% alcohol in a full strength beer, something to consider around young children.

Some hand sanitisers substitute alcohol with toxic chemicals banned in other countries. These include benzalkonium chloride, triclosan, parabens and acrylates (used in plastic manufacture). Natural alternatives are available and work as well as alcohol due to their natural antibacterial properties. After Touch is safe, biodegradable, chemical-free, alcohol-free, non-flammable

and won't irritate the skin. This is especially important when used regularly around children.

Available at Friendlies Chemists, selected IGA, SUPA IGA, Farmer Jacks/Foodworks and Good Life Health Stores. Visit www.aftertouch.com.au for more information.